

Push Back on ageism

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**u3a push back on ageism campaign**

Have you noticed the way we treat older adults? We think, as a...

Its more than 450,000 members are living proof of a positive ageing message and the benefits of staying active in later life. Over the coming year, u3a will be working with colleagues across the UK to challenge some of those national preconceptions around ageing. See updates on the campaign on our website and in the press.